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RE: Dental care during pregnancy

To Whom It May Concern:

In accordance with the recommendations by the American College of Obstetricians and Gynecologists, we agree that routine dental care is extremely important during pregnancy. I have approved for my patient to see the dentist with x-rays allowed only with proper pelvic shielding. Any procedures that are not urgent should wait until postpartum. However, fillings and extractions that are necessary can be done now during pregnancy. Lidocaine for local anesthesia is acceptable during pregnancy. If pain medication and/or antibiotics are needed, these can include Tylenol #3, Norco, Amoxicillin 500mg qid or Erythromycin 250 mg qid if penicillin-allergic. If there are additional questions, please call the office at 972-406-9911.

Sincerely,

The Providers of Nurture Women's Health

Malathi Ellis, M.D., F.A.C.O.G.

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